

Ink Sketches for Wellness: Poems on My Life with
Invisible Disabilities

Susan Montgomery

Sample PDF

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Included Poems & Ink Sketches

Fix Me

One More Time

I am a Vegetable

FIX ME



Stop the sound, it hurts my ear!
Even far away or near.
Like a drill going through,
Can you fix this stuff with glue??

What about some scraps of tin?
I see a screw in that bin...
I can bring my pottery tools.
It's ok, we'll break the rules.

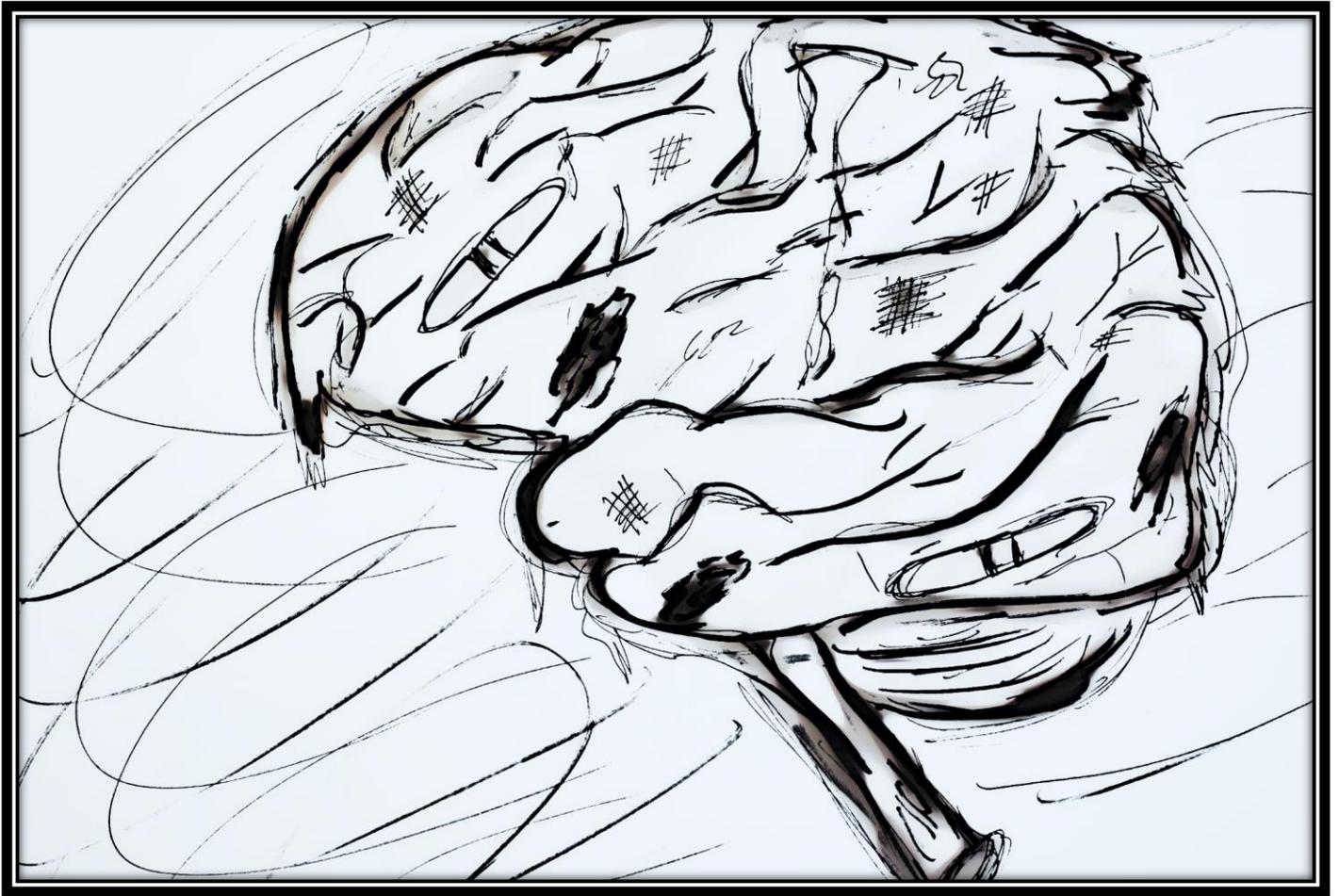
I have a roll of duct tape,
Make my ears a whole new shape!
Or how about some Velcro?
Come on, I feel like Van Gogh!

I can bring my rubber cement,
Although you might dissent.
I have a friend with wallpaper paste,
I swear, it won't go to any waste.

I know this doesn't sound humane,
But this is all just such a pain!
I think you could even use some twine,
And I might just end up totally fine.

What about some silly putty?
As you can see, I've done some studies!
I'll bring a hammer and staple gun,
For real, let's just get this done!

One More Time



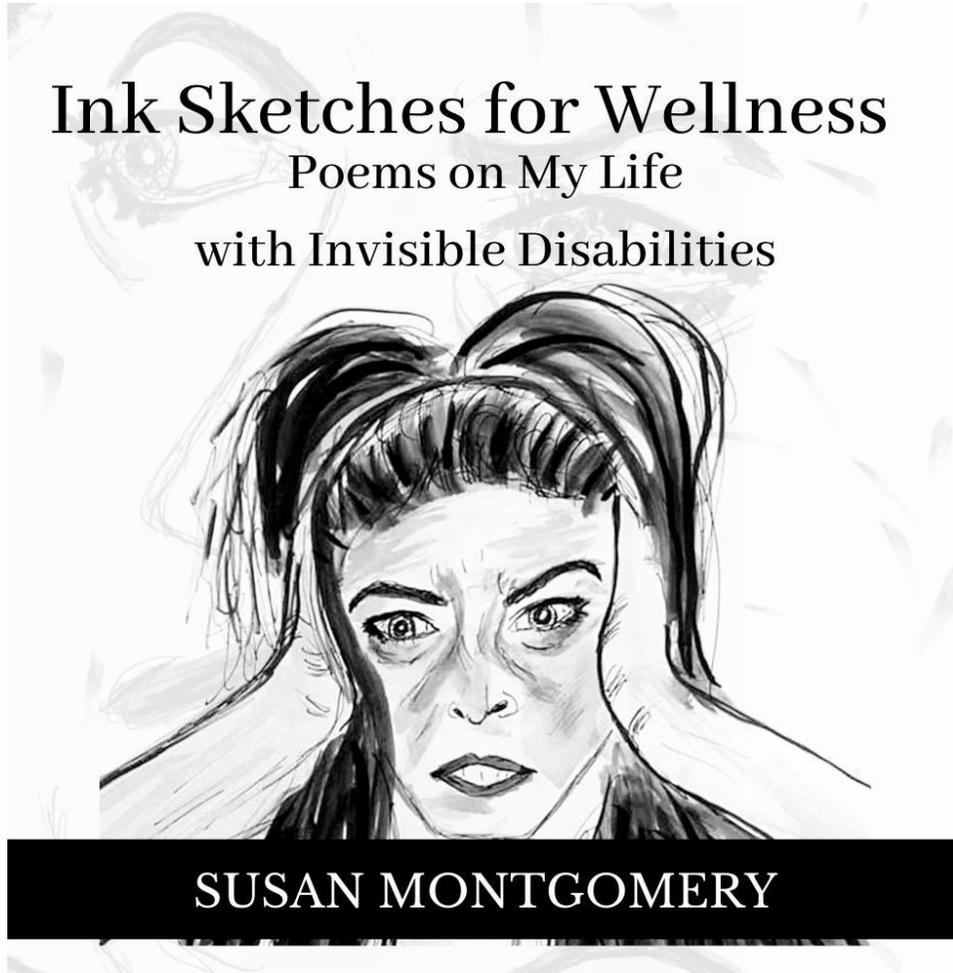
I don't understand all your directions,
You must make some corrections.
Again, what am I to do first?
In my head it's all reversed!
Ok, so now what's next?
It all sounds so complex!
My brains a little scattered,
Good chance it's torn and tattered.

I am a Vegetable



“Cool as a Cucumber”
Kind of makes me wonder.
Are they really cool,
Or is that a silly rule?
Turns out it’s really true,
And not just gobbly-goo.
They’re cooler on the inside,
Than where they lay and hide.
Calm and all composed,
As they stay enclosed.
So, a cucumber I shall be,
Extra chilled for me.

Available on Amazon



[Amazon.com: Ink Sketches for Wellness: Poems on My Life with Invisible Disabilities: 9798503923247: Montgomery, Susan: Books](https://www.amazon.com/dp/B08K9K9K9K)